

Care Communications, Inc.
Presents Study Groups on a New Way of Leading

The Challenge of Leading in Anxious Times
A Professional Development Program for
Organizational Leaders and Consultants

Do you enjoy being a leader at work, or

1. Are you exhausted at the end of the work day?
2. Do you regularly fall short on meeting your goals?
3. Are you frustrated by workplace politics?



If you answered these questions yes, **STOP Now!**
Learn to be a calmer, more thoughtful and creative leader



Participate in a unique leadership learning experience. Based on the book *Leading a Business in Anxious times: A Systems Approach to Becoming More Effective in the Workplace* by Leslie Ann Fox and Katharine Gratwick Baker, this program will help you stay grounded and energized as you address the extraordinary challenge of leading change in health care organizations during:

- Keep thinking under stress
- Avoid being blindsided by relationship issues in the workplace
- Lead more strategically to enhance your team's, department's or organization's performance
- Mobilize people to tackle their toughest challenges

Instructors: Leslie Ann Fox, CEO, Care Communications, Inc. and Sydney Reed, Co-founder and Director of Post-Graduate Training Program and faculty member, The Center for Family Consultation.

When: Starting March, 2013—Six 2-hour monthly sessions on the second Thursday of every month from March through August 2013. 11:30 AM–1:30 PM

Where: Care Communications 205 W. Wacker Drive, Suite 1900, Chicago, IL

Price: \$1250.00 per person. Early bird registration: \$1000.00 until February 15, 2013.

For more information or to register contact Leslie Fox at Care Communications at 312-229-7125 or lfox@care-communications.com.

Leading can be energizing, rewarding and meaningful!